

# Life Skills Ties

Domain:  
Aesthetics

Level:  
5-12



## Creating a Cinquain

Materials: Pencil, paper for each participant.

Time Allocation: 15 minutes

Often we gain appreciation for things when we take time to think about them in more depth. Poetry is a creative way to express emotion and feeling about learning.

Give each participant a pencil and paper and invite them to quietly reflect about a theme or idea in the following way:

1. Write down one word that is the topic of the study (e.g. "beauty").
2. On the next line write down two adjectives that describe line one (e.g. "serene, tinted")
3. On line 3 write 3 action verbs that relate to line one (e.g. "Calming, commanding, prevailing")
4. On line 4 write four words or a four word sentence relating to line one (e.g. "Eternal signature of nature")
5. On the last line write a single word to sum it up (e.g. "Therapy".)

Questions:

How powerful are words?

What is unique about the rhythm of poetry?

How does poetry teach appreciation?